USE TELEHEALTH WHILE TRAVELING

Pack Your Bags and Have Peace of Mind.

You shouldn’t have to worry about getting sick on vacation or while traveling for work. When you need medical advice or medical assistance, contact MDLIVE powered by BlueHealth Solutions. With MDLIVE, board-certified doctors are available 24/7/365 and accessible from anywhere in the U.S. that has a phone signal or internet connection.*

Use telehealth anytime, anywhere.

Perfect for when you’re away from home, telehealth can be used when:

- You’re on the road and need to speak to a doctor
- You’re out of town and need a prescription refilled**
- You feel like you’re coming down with something while on vacation
- You need quick medical advice while traveling

Don’t forget to use your telehealth benefits for access to 24/7/365 medical care.

CALL 1-888-283-6691

ONLINE Log in to BlueAccess on bcbst.com
What Common Conditions Can be Treated?

Medical

- Allergies
- Asthma
- Bronchitis
- Cold & flu
- Ear infections
- Fever
- Infections
- Respiratory infections
- Sinus infections
- Skin infections
- Sore throat
- Sports injuries
- Urinary Tract infections
- And more

Pediatric:

- Cold & flu
- Constipation
- Ear infections
- Fever
- Nausea
- Pink eye
- And more

* MDLIVE services are limited to phone-only consultations, no video, with the ability to prescribe in Iowa, Louisiana, and Texas. California permits both phone and video consultations with short-term prescription limitations. All Telehealth services are currently not available in Idaho and Arkansas due to state regulations. Please check back soon.

** Some state laws require that a doctor can only prescribe medication in certain situations and can be subject to certain limitations. BlueCross members should have their prescriptions filled at a network pharmacy in compliance with the BlueCross drug formulary.

*** Children under the age of 2 with a fever will be automatically sent to the pediatrician on call.